

RECOVERY RESOURCES & SUPPORT

[Communities for Recovery](#) – peer recovery support

[RecoveryATX](#) – peer recovery support

[The Sobering Center](#) (you must tell them you were referred by SIMS!) - a safe place for publicly intoxicated individuals to sober up as an alternative to the emergency room or jail

[Recovery Unplugged](#) – higher levels of care: detox, in-patient, partial hospitalization program, intensive outpatient program

[Omega Recovery](#) - higher levels of care: detox, in-patient, partial hospitalization program, intensive outpatient program

[Rock Springs](#) - higher levels of care: detox, in-patient, partial hospitalization program, intensive outpatient program

[Travis County Integral Care](#) - Adult Services

[Outreach, Screening, Assessment and Referral \(OSAR\)](#) – Recovery support through TX Dept. of Health and Human Services
[211 Texas](#) or 877-541-7905

[SMART Recovery](#)

[SMART Recovery Handbook](#)

Travis County Integral Care

512.472.HELP(4357) - urgent mental health care and many other resources: <https://integralcare.org/en/home/>.

National Suicide Prevention Lifeline

800.273.8255 or text TALK to 741741 or chat online <https://988lifeline.org/contact-us/>

Substance Abuse and Mental Health Services Administration

800.662.HELP(4357)

Outreach, Screening, Assessment, and Referral (OSAR)

Recovery support through Texas Dept. of Health and Human Services
877.541.7905

National Sexual Assault Hotline

800.656.4673

In an emergency, please proceed to the nearest hospital ER or call 911.